

**CERTIFICATE OF RECOGNITION & CONGRATULATIONS**  
**ATHENS HIGH SCHOOL 2025 WOMEN'S POWERLIFTING TEAM**  
**MHSAA DIVISION 1 STATE CHAMPIONS**

**WHEREAS**, The Athens High School 2025 Women's Powerlifting Team won the **Michigan High School Powerlifting Association (MHSPLA) State Championship on March 8, 2025** at Lake Orion High School; and

**WHEREAS**, The Team has now won the MHSPLA Varsity Women State Title three years in a row and runner up in 2022. They compete nationally in the USA Powerlifting (USAPL) and the Varsity Team were national runners up for both the 2023 and 2024 seasons, and set a new national record with Senior **Mikayla Twum** lifting 424 pounds to beat the old record of 418 pounds; and

**WHEREAS**, **Mikayla Twum** competed in the Powerlifting Student World Championship earlier in May with eight countries represented. **Mikayla** won the title of World Champion on her final deadlift; and

**WHEREAS**, The Team boasts 7 USAPL Individual National Champions, one three-time USAPL Individual National Champion, 12 USAPL All-American Powerlifters, 1 two-time USAPL All-American Powerlifter, 5 MHSPLA Individual State Champions, 47 MHSPLA All-State Powerlifters, 15 two-time MHSPLA All-State Powerlifters, and 2 three-time MHSPLA All-State Powerlifters; and

**WHEREAS**, The **Athens High Women's Powerlifting Team** has set records including 194 USAPL State Records, eight USAPL American Records, and nine MSHPLA Records; and

**WHEREAS**, Special commendation is due to team members Alessandra Alojipan, Julia Arnett, Lillian Flores, Mariana Gould, Sara Graunstadt, Mya Hangstebeck, Camilla Inadeski, Reemas Kaakarni, Lillian Kotila, Ciara Lenz, Indira Martinez, Cassidy Morse, Izzie Piotrowski, Addison Pokley, Erica Seidel, Luleta Thaqi, Mikayla Twum, and Emma Walters; and

**WHEREAS**, The City of Troy applauds and congratulates **Varsity Powerlifting Coach Nick Lusk**, the interim coach in 2021, he took over the program in 2022. **Coach Lusk** hopes he is teaching his team how to best prepare for life and is so proud of what they have accomplished because of their dedication and hard work;

**NOW, THEREFORE, BE IT RESOLVED**, That the City Council of the City of Troy commends the **Athens High School 2025 Women's Varsity Powerlifting Team** for their fine efforts, and extends this token of affection and admiration with which you are regarded in this City; and

**BE IT FURTHER RESOLVED**, That the City Council of the City of Troy, joins the citizens of this community in appreciation and celebration of the **Athens High School 2025 Women's Varsity Powerlifting Team as the MHSSA Division 1 State Champions**.

**Presented this 19<sup>th</sup> Day of May 2025.**