PROCLAMATION
TO DECLARE SEPTEMBER 2020 AS
NATIONAL SUICIDE PREVENTION AWARENESS MONTH
IN THE CITY OF TROY

WHEREAS; September is known around the United States as National Suicide Prevention Awareness Month and is intended to help promote awareness surrounding each of the Suicide Prevention resources available to us and our community. The simple goal is to learn how to help those around us and how to talk about suicide without increasing the risk of harm; and

WHEREAS; World Suicide Prevention Day is observed each year on September 10; and

WHEREAS, Suicidal thoughts can affect anyone regardless of age, gender, race, orientation, income level, religion, or background; and

WHEREAS; According to the CDC, each year more than 48,000 people die by suicide; and

WHEREAS; Suicide is the second leading cause of death among people aged 10 – 34 years of age, the fourth leading cause of death among people 35 – 54 years of age, and the eighth leading cause among people 55 to 64 years of age; and

WHEREAS; The City of Troy is no different than any other community in the country, but chooses to publicly state and place our full support behind local educators, mental health professionals, athletic coaches, scout leaders, police officers, and parents, as partners in supporting our community in simply being available to one another; and

WHEREAS; Local organizations like Suicide Prevention Services and national organizations like the National Alliance on Mental Illness and National Suicide Prevention Lifeline work to help individuals in crisis and provide resources to shed light on the battles of suicide and mental illness which often remain too taboo to discuss; and

WHEREAS, Every member of our community should understand that throughout life's struggles we all need the occasional reminder that we are all silently fighting our own battles; and

WHEREAS, We encourage all residents to take the time to inquire as to the wellbeing of their family, friends, and neighbors and to genuinely convey their appreciation for their existence by any gesture they deem appropriate. A simple phone call, message, or hug can go a long way towards helping someone realize that suicide is not the answer.

NOW, THEREFORE, BE IT RESOLVED, That the Troy City Council hereby proclaims the month of September 2020, as National Suicide Prevention Awareness Month in the City of Troy, and encourages all residents to support one another as partners to support our community; and

BE IT FURTHER RESOLVED, That we encourage everyone to practice kindness and acceptance for one another as we live together in the City of Troy.

Presented this 14th Day of September 2020.